

134 South Elm Street, Greensboro, NC 336-274-9199

http://www.sitinmovement.org/

The International Civil Rights Center & Museum is an archival center, collecting museum and teaching facility devoted to the international struggle for civil and human rights. The Museum celebrates the nonviolent protests of the 1960 Greensboro sit-ins that served as a catalyst in the civil rights movement.

Hours:

Monday → Saturday 10 AM − 6 PM

The last guided tour begins at 4:30 pm

Self-guided tours from 2 pm − 6 pm Monday thru Friday



2332 New Garden Road, Greensboro, NC 27410 (336) 288-1776

https://www.nps.gov/guco/index.htm

The site of the March 15, 1781 Revolutionary War Battle of Guilford Courthouse. This site features more than 220 acres of original battlefield, 28 monuments and graves to honor the soldiers and patriots. Park Ranger Guided Tours start in the visitor center with a short film and two activities then travel through the park while the Park Ranger delivers a lecture on the historic sights.

Things to Do:

- Walk the Battlefield (30 180 minutes self-guided walking tour)
- Drive the Battlefield Tour Road (45 90 minutes)
- Watch the Battle Map Program (10 minutes)
- Visit the Hoskins Farm (10 60 minutes self-guided tour)

Hours: 8:30 AM – 4:45 PM

Admission is free!

Guided tours each Saturday and Sunday afternoon at 2 PM



130 Summit Ave, Greensboro, NC 27401-3004 (336) 373-2043

https://greensborohistory.org/

The museum celebrates Greensboro's local culture and the city's prominent place in American history. Archives and artifacts include First Lady Dolley Madison, author O. Henry, Governor John Motley Morehead, David Caldwell, and educator Charles Henry Moore. Collections document the many nationalities and people who have impacted Guilford county's history: Native Americans, Germans, African Americans, Quakers and Scots-Irish.

Hours: (closed Mondays)
Tuesday - Saturday 10 AM - 5 PM
Sunday 2 PM - 5 PM

Admission: Free

Blandwood Mansion

447 West Washington Street, Greensboro, NC 27415 336-272-5003

https://preservationgreensboro.org/blandwood-mansion/

Blandwood is one of the America's great historic homes, representing the ideals of progressive North Carolina Governor John Motley Morehead as illustrated through a protype for one of America's most popular architectural styles in the nineteenth century. The earliest portions of were completed in 1795 with completion in 1846. Blandwood operates as a museum, and provides visitors with a remarkably complete ensemble of 19th century art, architecture, furnishings, and landscape. The house was nominated to the National Register of Historic Places in 1970. It is the only building in Guilford County recognized by the United States Secretary of the Interior as a National Historic Landmark.

Hours: (closed Mondays)

Sunday 2 PM – 5 PM Tuesday - Saturday: 11 AM – 4 PM



4301 Lawndale Drive, Greensboro, NC 336-288-3769

http://www.greensboroscience.org/

Hours:

Aguarium & Museum: 9 AM – 5 PM

The Greensboro Science Center offers three great attractions: Aquarium, Museum and Zoo. The Carolina SciQuarium, North Carolina's first inland aquarium features a variety of water-dependent animals including penguins, sharks, otters, eels, stingrays, a rare fishing cat, an anaconda and fish of all shapes and colors. **Animal Discovery** Zoological Park offers visitors more than 12 acres of up-close creature encounters with tigers, meerkats, howler monkeys, lemurs, crocodiles, tortoises, a red panda, farm animals and many more. In the Museum, visitors can walk among prehistoric dinosaurs and come face-to-face with a roaring 36-foot Tyrannosaurus Rex model, experience hurricane force winds in the Extreme Weather Gallery, take an interactive journey through the human body in HealthQuest, see live snakes in the Herpetarium and enjoy hands-on learning and interaction in Kids' Alley. Also, in the Museum is a state-of-the-art OmniSphere Theater that showcases awe-inspiring, full dome digital, laser and eye-popping 3D shows on a 40-foot dome ceiling.

Zoo:

9 AM – 4 PM



4301 Lawndale Drive, Greensboro, NC 336-288-3769 X 1402

http://www.skywild.org/

Hours: Thursday – Sunday 11 AM – 5 PM

(ticket sales close at 2:30 PM)

SKYWILD is a Ropes and Zipline course located in the trees above the Greensboro Science Center SKYWILD was constructed to enable participants to experience a variety of animal behaviors while enjoying an exciting workout taking approximately 2 hours depending on ability. Each SKYWILD experience comes with a free complimentary admission pass to the Greensboro Science Center valid for 7 days after your experience. It can be used on the day of your adventure if you choose to stay and visit the aquarium, museum, or zoo. If you are not staying, another person in your party can use the pass to watch you conquer the course.



4401 Zoo Parkway, Asheboro, NC 27205 800-488-0444

http://www.nczoo.org/

Hours: 9 AM – 5 PM

Child (2 – 12) \$11 Child (Under 2) free

The NC Zoo is the world's largest natural habitat zoo. The idea and fundraising for it were initiated by the Raleigh Jaycees.

The North Carolina Pottery Center

233 East Avenue, Seagrove, NC 27341 336-873-8430

http://ncpotterycenter.org/

The North Carolina Pottery Center, the only state-wide facility in the nation devoted solely to pottery. Dedicated to informing the public and creating an appreciation for the history, heritage and tradition of pottery making. The center features several exhibits (permanent and changing) and educational programs.

Hours: 10 AM – 4 PM Tuesday - Saturday

Admission:

Seagrove Pottery: https://www.heartofnorthcarolina.com/things-to-do/index.htm?category=Seagrove+Pottery

Old Mill of Guilford

1340 NC Hwy 68N, Oak Ridge, NC (336) 643-4783

www.oldmillofguilford.com

Hours: 9 AM – 5 PM

ON Thill of Graffing

A fully operational, water-powered, 18th century grist mill listed in the National Register of Historic Places. Today, the mill continues to produce all-natural, stone-ground, whole grain foods, just as it has for over 250 years. This mill is a popular scenic attraction that has long been a favorite subject for artists and photographers.



1089 Knox Rd., McLeansville, NC 27301-9228 off 1-40/I-85 exit 132 at Mt. Hope Church Rd (800)-REPLACE

www.replacments.com

Replacements, Ltd. Inspires generations to reinvent how to entertain, gather and make a house a home. With more than eight football fields of dinnerware, collectibles and estate jewelry for all. Pet friendly, Replacements is a one-of-a kind shopping destination you won't find any place else in the world.

Hours: 9 AM – 6 PM Monday - Saturday

Admission: Free tours every 30 minutes from 9 AM – 6 PM

The N.C. Transportation Museum

Historic Spencer Shops, a former Southern Railway Locomotive Repair Facility

411 S. Salisbury Avenue, Spencer, NC 28159 I-85 at Exit 79, Spencer, NC

www.nctrans.org

Located at the site of what was once Southern Railway Company's largest steam locomotive repair facility. The site features an authentic train depot, antique automobiles, and a 37-bay Roundhouse with 25 locomotives, dozens of rail cars and other exhibits.

Hours: (closed Mondays)

Museum: Tuesday – Saturday 9 AM – 5 PM

Turntable RidesTuesday – Saturday 11 A, noon, 1:00, 2:00, 3:00 PM

Train Rides: Saturday 11:30 AM, 1:30, 2:30 PM

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Old Salem Museum & Garden

900 Old Salem Rd, Winston-Salem, NC 27101-5277 (888) 653-7253

OLD SALEM

www.oldsalem.org

Old Salem was originally settled by the Moravian community in 1753. This small city features a living history museum that interprets the restored Moravian community.

Hours: (closed Mondays)

Tuesday – Saturday 9:30 AM – 4:30 PM Sunday 1:00 PM – 4:30 PM

Reynolda House Museum of American Art

2250 Reynolda Road, Winston-Salem, NC 27106 (888) 663-1149

www.reynoldahouse.org

Explore the restored 1917 mansion of Katherine and R.J. Reynolds on a self-guided tour. The tour includes an orientation video.

Hours: (closed Mondays)

Tuesday – Saturday 9:30 AM – 4:30 PM Sunday 1:30 PM – 4:30 PM

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Moose Cafe

A farm-to-table restaurant offering Southern-style comfort food made using locally grown veggies. Located in the heart of the Piedmont Triad at the Piedmont Triad Farmer's Market, Exit 208 off I-40.

2914 Sandy Ridge Rd, Colfax, NC 27235 (1.5 miles from Embassy Suites)

Phone: (336) 668-1125

Hours: 7AM–8PM Open 7 days a week

Price: \$8 - 15

http://eatatthemoosecafe.com/

Country BBQ

Lexington-style BBQ since 1975. Pork BBQ Plates & Sandwiches.

3921 Sedgebrook St, High Point, NC 27265(Embassy Suites; hotel shuttle will take you there!) (336) 869-5422

Hours: Monday → Saturday <u>5:30 AM – 9 PM</u>

Price: \$

www.country-bbq.com

Pita Delite

Fresh and healthy Lebanese food. Features chicken and beef kabobs, gyros, falafel, hummus and Greek salads.

3924 Sedgebrook St, High Point, NC 267265 (336) 841-1717

Hours: Monday \rightarrow Friday: 10:30 am – 9:00 pm

Saturday: 10:30 am - 8:00 pm Sunday: 11:00 am - 3:00 pm

Price: \$

https://www.pitadelite.com/pita-delite-68-high-point

Ham's American Bar & Grille

Ham's American Bar & Grille serves hand pattied certified Angus Beef burgers, hand cut fries, sandwiches, salads and more.

5840 Samet Drive, High Point, NC 27265 (Embassy Suites shuttle will take you there!) (336) 887-2434

Hours: Monday - Friday 11 AM – 2 AM

Saturday & Sunday 10 AM - 2 AM

https://www.hamsamericanbargrille.com/

The PorterHouse Burger Co.

Signature burgers made with a variety of toppings like house-made jam, Pimento Cheese, Fried Eggs and even Shrimp! Selection of craft beer. 2 locations

5836 Samet Drive, High Point, NC 27265 (Embassy Suites shuttle will take you there!) (336) 804-5810

4608 W Market St, Greensboro, NC 27407 (336) 617-7145 Hours:

Sun: 11 AM – 9 PM

Mon – Thurs: 11 AM - 9 PM

Fri – Sat: 11 AM to 9 PM

Price: \$\$ - \$\$\$

https://www.porterhouseburgerco.com/

Big Burger Spot

Burgers, Chicken, Soups, Salads

510 Nicholas Road, Greensboro, NC 27409 (336) 541-8861

Hours: Monday → Saturday 11:30AM–10PM

Price: \$

www.bigburgerspot.com

Tex and Shirley's

American, Vegetarian Friendly, Breakfast served all day

4005 Precision Way, High Point, NC 27265 Embassy Suites; hotel shuttle will take you there!) (336) 882-4005

Hours: Monday → Sunday 6 AM – 9 PM

Price: \$

www.texandshirleys.net

Natty Greene's Pub & Brewing

Pub with many craft beers on tap, including year-round & seasonal on-site brews, plus brewery tours.

Private room available for a fee, however, it is up 2 flights of stairs with no elevator.

345 S Elm St, Greensboro, NC 27401 (13.6 miles from Embassy Suites in downtown Greensboro)

Phone: (336) 274-1373 Hours: 11 AM – 12 AM

Price: \$5 - \$15

http://www.nattygreenes.com/

Salvino Cucina Italiana *JC

An upscale Italian restaurant. Private room can be made available with a reservation.

2917 – D Battleground Ave, Greensboro, NC 27408 (10.6 miles from Embassy Suites)

Reservations: (336) 540-8663

Hours: Tuesday → Saturday 5 PM – 9 PM (Only open for dinner)

Price: \$17 - \$29

<u>www.salvinorestaurant.com</u> Email: salvinos1019@gmail.com

Café Pasta

Italian cuisine. Private banquet room available.

Private room available at no cost, however, it is up 1 flight of stairs with no elevator.

305 State St, Greensboro, NC 27408 (13.8 miles from Embassy Suites)

Phone: (336) 272-1308

Hours: 11 am - 2 PM, 5 - 10 PM

Price: \$30

http://www.cafepasta.com/

Darryl's Wood Fired Grill

Family-friendly eatery/watering hole with a diverse American menu & extensive beer & wine list.

3300 W Gate City Blvd, Greensboro, NC 27407 (9 miles from Embassy Suites)

Phone: (336) 294-1781 Hours: 11 AM – 10 PM

Price: \$8 - \$30

http://www.darrylswoodfiredgrill.com/

Melt Kitchen and Bar

A casual restaurant offering panini sandwiches, small plates, flatbreads, salads, craft beer and wine. Smaller restaurant, but will take reservations to accommodate a group.

1941 New Garden Road, Greensboro, NC 27410

(336) 763-5445

Hours:

Sunday 10 AM – 4 PM Tuesday – Saturday 11 AM

Price: \$8.95 - \$13.50

http://www.meltkitchenandbar.com/

Phoenix Asian Cuisine

Asian restaurant focused on quality food and service. Independently operated restaurant.

1641 New Garden Rd, Greensboro, NC 27410 (8 miles from Embassy Suites)

Phone: (336) 855-5158 Limited reservations available)

Hours: 11 AM - 10 PM

Price: \$12 - 23

http://www.eatatphoenix.com/

Elizabeth's Pizza

Elizabeth's Pizza is an authentic Italian Restaurant family owned and operated for 30 years. 3 of the Greensboro locations can accommodate larger groups:

3927 Battleground Ave 2116 Lawndale Drive 3607 Groometown Rd

(336) 288-1515 (336) 370-0800 (336) 316-1111

Distance from Embassy Suites:

9.7 miles 12.4 miles 12.7 miles

Hours: 11 AM - Price: \$7 - \$18

http://www.elizabethpizza.com

Green Valley Grill

European fare, wines & afternoon teain a sprawling setting with a courtyard & separate lounge.

622 Green Valley Rd, Greensboro, NC 27408 (11.3 miles from Embassy Suites)

Phone: (336) 854-2015 Hours: 11:15AM-12AM Price: \$18 - \$38

http://www.greenvalleygrill.com/

Chop House Grille

The Chop House serves steaks, chops and seafood.

4001 Meeting Way, High Point, NC 27265

(3.0 miles from Embassy Suites; hotel shuttle will take you there!)

For reservations call: (336) 841-7156

Hours: Monday → Saturday 11:30AM–10PM

Price: \$23 - \$40

http://www.chophousesofnc.com/

Village Tavern

The original Village Tavern opened its doors in 1984 in Winston-Salem, NC. They serve a full menu of appetizers, soups, salads, sandwiches and entrees. Patio & Bar seating also available

1903 Westridge Rd, Greensboro, NC 27410 (336) 282-3063

Hours: Monday → Sunday 11:00 AM – midnight

Price: \$\$ - \$\$\$

Accepts reservations www.villagetavern.com

Greensboro, NC Area Golf Courses

Greensboro National Golf Club

330 Niblick Drive Summerfield, NC 27358 (336) 342-1113

http://www.greensboronationalgolfclub.com/

Distance from Embassy Suites 23 miles approx 30 minutes driving time

Bryan Park

6275 Bryan Park Road Greensboro, NC 27214 Tee Times: (336) 375-2200

Fax: (336) 375-8557

http://bryanpark.com/

2 courses

- Players (less difficulty and slightly less expensive)
- Champions (carts are optional on this course)

Distance from Embassy Suites 25 miles approx 30 minutes driving time

Stoney Creek

http://www.stoneycreekgolf.com/

911 Golf House Road East Stoney Creek, NC 27377 Tee times: (336) 449-5688

Fax: (336) 449-6699

Distance from Embassy Suites 24 miles approx 25 minutes driving time

Tanglewood

https://www.forsyth.cc/Parks/Tanglewood/Golf/

4201 Manor House Circle Clemmons, NC 27012 (336) 703-6420 Mailing Address: 4061 Clemmons Road Clemmons, NC 2701

Recommend the Championship course, not the Reynolds course!

Distance from Embassy Suites 31 miles approx 35 minutes driving time



Most team race shops are open to the public and feature museums, gift shops and sometimes the opportunity to see your favorite team's crew at work!

NASCAR Hall of Fame

400 East Martin Luther King Jr. Blvd Charlotte, NC 28202 1-888-902-6463 http://www.nascarhall.com/

Hours of Operation: Monday – Sunday 10 a.m. – 6 p.m.

The NASCAR Hall of Fame is an interactive, entertainment attraction honorin of NASCAR. The high-tech venue, designed to educate and entertain race fans and non-fans alike, includes artifacts, interactive exhibits, and a 278-person state-of-the-art theater.

Hendrick Motorsports

4400 Papa Joe Hendrick Blvd Charlotte, NC 28262 (877) 467-4890 (toll free) http://www.hendrickmotorsports.com/



Hendrick Motorsports is located in Concord, one mile from Charlotte Motor Speedway. Hendrick Motorsports welcomes visitors at no charge, and fans are encouraged to view the race shops during normal hours of operations.

Museum Hours: Monday \rightarrow Friday 10 a.m. \rightarrow 5 p.m.

Saturday 10 a.m. \rightarrow 3 p.m.

Race Shops: Monday \rightarrow Friday 8 a.m. \rightarrow 4:30 p.m.



Roush Fenway Racing Museum

Racing Shops: 4202 Roush Place Concord, NC 28027 (704) 720-4600

http://www.roushfenway.com/

Race Shops Viewing Area: Monday → Thursday 8 a.m. – 5 p.m.

Friday 8 a.m. – 3 p.m Closed from 12 to 1 daily for lunch

Stewart-Haas Racing

6001 Haas Way Kannapolis, NC 28081 (704) 652-4227 http://www.stewarthaasracing.com/ Museum Hours:

Monday → Friday 8:30 a.m. – 5 p.m.



Stewart-Haas Racing is the title-winning NASCAR Sprint Cup Series team to owned by time cume sprint Cup champion Tony Stewart and Gene Haas, founder of Haas Automation - the largest CNC machine tool builder in the western world. Based in Kannapolis, N.C., Stewart-Haas Racing operates out of a 140,000-square-foot facility with approximately 270 employees.

Contact Stewart-Haas Racing at information@shracing.com

Joe Gibbs Racing

13415 Reese Blvd. West Huntersville, NC 28078 (704) 944-5000 http://joegibbsracing.com/

Race shops and gift store are typically open for Monday thru Friday from 8 a.m. \rightarrow 5 p.m.





Team Penske

200 Penske Way Mooresville, NC 28115 (704) 799-7178

http://www.teampenske.com/



The Team Penske retail store is located in Mooresville, NC. Visitors can view the race shop through the viewing windows then move upstairs to the 3300-foot fan walk to view the race shop including the NASCAR truck bay, set up plates and work stations as employees prepare the race cars.

Hours: Monday \rightarrow Friday: 10 am – 5 pm

Richard Childress Racing

425 Industrial Drive Welcome, NC 27374 336 731-3334



http://www.rcrracing.com/

The RCR Museum is a 47,0000 square foot facility that once serves as home base for Richard Childress Racing and the No. 3 Goodwrench team. See history of RCR and NASCAR.

Museum Hours: Monday – Friday 10 a.m. – 4 p.m.

Saturday 10 a.m. – 2 p.m.

Richard Petty Museum

309 Branson Mill Rd.Randleman, NC 27317(336) 495-1143





The Petty Museum presents the unparalleled success story of one of the founding families of stock car racing, their drive for engineering excellence, and the technical inventiveness, innovation and ingenuity that made it all possible.

Museum Hours: Monday – Saturday 9 a.m. – 5 p.m.

Wood Brothers Racing

http://woodbrothersracing.com/

Contact Us: info@woodbrothersracing.com





Wood Brothers Racing Shop

7201 Caldwell Road Harrisburg, NC 28075

Hours: Monday - Friday 8:30 a.m. - 5 p.m.

Racing Museum

21 Performance Drive Stuart, VA 24171

Hours: Monday – Friday 8:30 a.m. – noon and 1:00 p.m. – 5:00 p.m.

No admission fees

Wood Brothers Racing is a family run racing team with a long history! Wood Brothers Racing holds the Guinness World Record for the longest active NASCAR racing team.

JR Motorsports

349 Cayuga Drive Mooresville, NC 28117

http://www.jrmracing.com/



JRM Shop Tours are given on Thursdays and Fridays. To request a shop tour email **shoptours@jrmracing.com**. Please include your name, the number of people in your party and the date and time (10:30, 12:30 or 2:30) you would like to reserve. Please allow 24-48 hours for a response and confirmation of your request.

Kyle Busch Motorsports - KBM

351 Mazeppa Rd Mooresville, NC 28115

Phone: (704) 662-0000

https://kylebuschmotorsports.com/

Hours: Monday → Friday: 9:00 am – 4:30 pm Closed Saturday & Sunday

